



Three Rivers News



<http://news.trcmaine.org/>

SPONSORED AND PUBLISHED BY THREE RIVERS KIWANIS CLUB AND THREE RIVERS COMMUNITY ALLIANCE TO PROMOTE AND SERVE THE TOWNS OF BROWNVILLE, MILO, LAGRANGE, MEDFORD, AND ORNEVILLE

LIVE SIMPLY-LOVE GENEROUSLY CARE DEEPLY-SPEAK KINDLY
Monday, April 28, 2008 Volume 7 Number 25

ANNOUNCING-FOR ONE NIGHT ONLY- THE KIWANIS VARIETY SHOW!!

FRIDAY, MAY 2ND, WILL BE YOUR ONLY CHANCE TO SEE

☉ STEPHANIE GILLIS' COMMUNITY CHORUS FEATURING THE MILO
ELEMENTARY SINGERS

☉ THE NOTABLES

☉ THE PENQUIS DANCERS WITH NARRATOR DALE HERBEST

☉ THE HEARTWISE DANCERS

☉ 2 LOCAL BANDS.. THE METHODIST CHURCH YOUTH GROUP AND THE
PENQUIS GROUP SHREDDY BEAR

☉ Emceed by Milo's own Town Manager: Jeff Gahagan

The show starts at 7PM, admission is \$6 for adults, \$4 for kids 12 and under and
\$20 for a family. Refreshments available.

Proceeds benefit Kiwanis programs.

We say goodbye...



U.S. Army Spc. William Charles Koelsch III, or Little Billy as I knew him, was buried in Milo on Thursday. The military funeral was amazing, and Billy would have loved the patriotism shown. Billy's spirit, love of his country and infectious sense of humor were mentioned time and time again. Our country and town lost a wonderful friend. Shown are Scott Harmon, and Jeremy Webb as well as other members of the military who saw to it that Billy was buried with respect and pride.

Also on hand were members of the Patriot Guard Riders, who attend funerals of those who defend our country. The respect and dignity with which they displayed their American flags was a sight to behold. They are a wonderful group and you can read about them at <http://www.patriotguard.org/>.



In Loving Memory Of Murrel L. Harris Dec. 16, 1945-April 29, 2006

Two years ago today we awoke to just another day. We ended that day reeling from the shock of losing you so unexpectedly. The months to come were filled with memories and a longing to talk to you one more time.

Sudden loss takes away the opportunity to say good-bye to someone you love so much.

In our hearts we know you understand how much you meant to us. Your wisdom, patience, and unconditional love gave us a son, husband and father who couldn't have been loved more than we loved you.

Your advice and concern for everyone was built on a lifetime of experience. Your help was given frequently and without conditions. Your love for us was apparent in everything you said and did.

We wish we could tell you one more time what a wonderful son, husband, and father you were and how grateful we are for having been blessed with you in our lives.

*We love and miss you so very much,
Mom, Buttercup, your children and grandchildren*

Coming on FRI. & SAT, JUNE 6 & 7, 8 to 2 [OR LATER IF WE'RE STILL BUSY] PAWS big yard sale. We need items, so think of us as you do your Spring Cleaning!! You can leave donations at 12 Park St [Laurie Hansen's house beside NAPA] from 11 am to 9 pm or call 943-2276 for a good time to drop stuff off. We would also appreciate any coupons for Purina Cat or Kitten Chow.

STATEMENT OF POLICY

Three River News is published weekly by Three Rivers Kiwanis. It is available Mondays at the General Store and More, Milo Farmer's Union, The Station Market, Graves' Service Station, Robinson's Fuel Mart, Reuben's Farmer's Market, The Restaurant, Milo Exxon, Rite Aid, Valerie Jean's, Milo True Value, Elaine's Café and online at WWW.NEWS.TRCMAINE.ORG. Donations can be mailed to Valerie Robertson, PO Box 81, Milo, Maine 04463.

All items for the paper are sent to us; we are not reporters, and we rely on the public for our articles.

Letters to the editor, social news, school news, items of interest, or coming social events may be submitted NO LATER THAN FRIDAY NOON to the following addresses:

Valerie Robertson, PO Box 81, Milo, Maine 04463 or e-mailed to, val04463@verizon.net or call 943-2324.

Nancy Willinski, 10 Belmont St. Milo, Maine 04463, e-mailed to nancy2310@roadrunner.com or call 943-5809.

Please drop suggestions and comments into a donation box or contact one of us. We welcome your ideas. Opinions are not necessarily those of the editors unless otherwise stated. The paper is written, printed, and distributed by unpaid volunteers. Donations are used to cover the expense of printing, paper and materials.

Valerie Robertson Nancy Willinski Virgil Valente Kirby
Robertson

HOW TO RECEIVE THE THREE RIVERS NEWS BY MAIL

We have received many inquiries from readers as to how they can get the Three Rivers News delivered to their mailbox each week. The news is available by subscription in 30-week increments. For each 30-week subscription we ask for a donation of \$25.00 to cover the cost of printing and mailing. If you would like to sign up to get the news delivered, send your name, address and a check for \$25.00 to:

Valerie Robertson
P.O. Box 81
Milo, Maine 04463

Nancy Willinski
10 Belmont Street
Milo, Maine 04463

**BINGO...BINGO...
BINGO!!!**

THE MILO AMERICAN LEGION POST 41 HAS
BINGO EVERY FRIDAY NIGHT A MEAL IS
SERVED FROM 5:00PM UNTIL 6:15 PM



BINGO STARTS AT 6:15 AND ENDS AT 9:30.

SEE YOU THERE!

Scrapbooking Crop Day

Saturday, May 3, 9 a.m. to 9 p.m.

Proceeds benefit The American Legion Junior Auxiliary

Cost: \$15 Lunch will be served! Feel free to bring your own supper or you can order from one of our local stores.

RSVP: 965-8571 Theresa 965-3631 Brenda

OUR NEWEST FAMILY MEMBER

By Brenda Martin

On April 20th we added another member to our family. His name is Cypress and he is a 5 year old dachshund mix. We had been wanting a dog since moving to Milo in February and we knew the right person to contact! Val Robertson. She put out the alert and hunted high and low. Do you know that she will even bring a dog to your house for you to check out? *That is commitment!* The first dog that she brought over was named Moe. And although he is so adorable he is just a little too hyper for our family, so Val looked further. Way up north in Presque Isle Cypress was waiting for a "forever" home. Val emailed us a picture of Cypress and some info on him and it was "love at first sight"! She went to get him and since he arrived here, he has fit in so well with our family. He loves to play with his tennis ball indoors and out. And walks? He may have short legs but he loves to go for



walks.

The Martin family (including Cypress and cats Princess and Possum) would like to thank-you, Val, for your commitment to animals. For pursuing PAWS until it became a reality. And for being the "match-maker" you are.

Hey-PVHS alumni! Mark your calendars!!

The 1st Annual Penquis Valley Alumni Reunion will be held on August 9. The day will begin with a morning brunch, alumni meeting, and tours of Penquis. Individual classes will hold their own reunions from 2-5 - if classes organize something on their own. The full Penquis Alumni Association will gather for a reunion concert at "The Junction" with the music of an Aerosmith tribute band. There will be tents marking classes by the decade. So hold the date and watch for further information coming out soon. It's particularly hoped that the classes of '78, '88, & '98 can put something together.

Penquis Valley High School Alumni Reunion Schedule of events... Friday, August 8th

8pm - Bon Jovi / Journey Concert at "The Junction" Everyone invited to come mingle. \$15 charge for the concert but you can also camp out there. Refreshments will be sold but you can bring your own.

Saturday, August 9th

9:30am - Brunch at PVHS - Classes of 1969-2008 welcome!
Anyone who ever attended or taught at Penquis is included.

10:30am - Business Meeting at PVHS 10:30-1:00 Tours of Penquis Valley High School Individual Class Reunions from 2-5 but someone is needed to organize their own reunions. Space is available at "The Junction" but location is up to you. Let us know if we can help you get that going. 2-5pm - Class of '88 BBQ at "The Junction".

8pm - Aerosmith Concert at The Junction. Tents marking classes by decade will be set up. Bring lawn chairs, refreshments, pictures and lots of old stories. \$15 Contact Merlene Sanborn, Lorrie Gerrish, Marilyn Wiles, Debbie Page, Lynn Weston, Tracey Gray or Seth Barden for more information.

GRAMMIE McCLEARY'S WEATHER APRIL/MAY 1972
29-30-1-Mostly sunny windy-52°, 64°, 66°. 2-Lt. rain-34° at 6:30 am. 3-Rain-40° at 7 pm. 4-Lt. rain-40° at 12.

To the editor:

No Good Deed Goes Unpunished.

I've known Tony Hamlin since he was born and he has always put 100% into everything he has done. He has also excelled in whatever he has done

While he served on the Board of Selectmen he sacrificed his time and effort more than could be expected of anyone.

Has he always been right? Of course not, who is right all the time? The person who does nothing. It is easy to sit on the sidelines and find fault when you do not know all the facts.

Tony can find peace of mind knowing he gave 100% of his effort for the good of "Our Friendly Town of Milo". I, for one, thank Tony for his years of dedicated service to our community.

Bud Daggett

Three Rivers Kiwanis Auction

To be held June 19th and 20th-2008

Due to the cost and difficulty of disposing of white goods (refrigerators, stoves, washers etc.), we request that if you have a large item to donate you have it plugged in and working when we pick it up. Also, due to lack of storage space, these items will only be picked up a day or two before the auction, as we will need to store them under our tent. We will have access to an electrical plug-in at the tent, so the absolute best situation would be if you could deliver it and show us it works at the time of delivery!!

As always, any and all donations of money help greatly. This is our yearly fundraiser and we need to raise enough to cover the 21 programs we sponsor for area children and senior citizens.

Mail any donation to:

Valerie Robertson, Pres. Three Rivers Kiwanis
PO Box 81
Milo, ME 04463

Thanks! Bobby Ellison...943-2317 Joe Zamboni ...943-2271

Announcing...CROSSING the RIVER: A Stubbs Family Portrait By Karen Wilson Seams 243 pages of memories, photos and poems in a limited hardcover edition

Available now by contacting: Karen Wilson Seams seamsbooks@msn.com\$24.95 per copy Check, money order, or PayPal

<http://www.paypal.com/cgi-bin/webscr?cmd=p/ema/index-outside>

The printing is limited but it tells the story of the Stubbs family in the early 20th century in the Junction. Some old-timers may remember Josie Stubbs who taught school in the area.

Milo Free Public Library News

By Judith D. Macdougall

It is spring outside! It has come so fast in the last two weeks. A few April days of very warm temperatures, and our huge piles of snow have melted down quickly with no flooding at all. How efficient! So much for those who predicted that the snow would be here until July.

Today (Thursday-April 24th) we had a little farewell luncheon at Elaine's Basket Café for Susan Duedall, our substitute who is leaving us to move to Florida to be near her daughter. There were five of us present, Susan, of course, Monica Demers, Pamela Flanagan, Margaret Pinette and myself. We ordered off the menu, and we each had a lovely luncheon. The food was delicious. I especially enjoyed the cinnamon raisin custard for dessert. We are sorry that Susan is leaving and very much hope that everything works out well for her. We lingered over our meal companionably talking about many things from the trauma of moving (what to keep, what to discard), catastrophes that we had been part of (very large bridges collapsing, earthquakes), family members' illnesses and, of course, as we worked at a library we discussed books. We talked about the subject of books from how to pack, what to pack (favorites we just couldn't give up) and books we had recently read. One of our group had boxes of books still stored from a move in 2001, so she her advice to Susan was LABEL EVERY BOX. What a good time we had! We all agreed we should get together more often, but Susan is moving away. She plans to return next spring to collect the items she is leaving in storage so perhaps we'll all get together spring 2009.

We received books from the Junior Library Guild this week.

Lemke, Donald **CAPTURED OFF GUARD**
This title is a graphic novel about the attack on Pearl Harbor and should be of interest to boys.

Alexander, Sally Hobart **SHE TOUCHED THE WORLD**
Laura Bridgman: deaf-blind pioneer
Before Helen Keller there was Laura. This biography may be of interest to girls.

For adults we received a box from Baker & Taylor.
Baldacci, David **THE WHOLE TRUTH**
Coben, Harlan **HOLD TIGHT**
Hoffman, Alice **THE THIRD ANGEL**
Johansen, Iris **QUICKSAND**
Kellerman, Jesse **THE GENIUS**
Rebeck, Theresa **THREE GIRLS & THEIR BROTHER**
Rother, Caitlin **NF TWISTED TRIANGLE**
Woods, Stuart **SANTA FE DEAD**

Library Winter Hours
Mon. -Weds. -Fri. ---2:00-8:00
Saturday 2:00-4:00

Telephone 943-2612

BENEFIT FOR BOBBI-JO PEIRCE.

At the age of 29, Bobbi-Jo has been diagnosed with inflammatory breast cancer. She is married with two girls, ages 11 and 5 years old and has no insurance. Bobbi-Jo has been and continues to be very active with the PTO, school and LaGrange community.

The Event: Make-Over Glamour Shots

When: May 10, 2008

Where: Marion C. Cook School in LaGrange

Sitting Fee: \$25.00 per person (Second person included in package-Additional \$10.00)

Kiwanis Club of Three Rivers, Milo - Brownville

Minutes of Meeting April 23, 2008

Eighteen members gathered at the American Legion Hall for Wed. mornings meeting.

We were joined by interclubs from Orono-Old Town Kiwanis and Dover-Foxcroft Kiwanis Clubs and Rick Whitney with an interclub from Dexter's Key Club. In addition, we were honored to have Honorary Member, Jeremy Finson, with us as well as Crystal and Virginia Macomber, Bob Ellison's grandson, Dustin, and Jessica Clement from the Builders Club.

Eben DeWitt led us with the Pledge of Allegiance and Herb Dunham offered the Morning Prayer.

Birthdays this week: Janet Richards - April 24.

Communications included a request from Center Theatre's Children's Summer Drama Camp program for a donation for sponsorship and information about Kiwanis International's Skip a Meal Day.

Happy dollars were given for upcoming turkey hunting in CT; the Legion's delicious breakfast and use of their facility; visiting Key Club from Dexter; Ed not walking on crutches and making good progress; and Red Sox in first place. Sad Dollars were given for the death of serviceman, Bill Koelsch, and for one vacationer losing her glasses in the Gulf of Mexico.

Next week's meeting, APRIL 30 is a NIGHT MEETING AT PAT'S PIZZA AT 6 P.M. You can call ahead at 943-2006 to order your pizza so the store can start preparing orders early. Someone from Milo PTO will speak on the playground fund raising; otherwise the night meeting is primarily a social gathering.

The Variety Show is next week on May 2. Desserts are needed from everyone so please have them at the town hall by 5:30 p.m. -- the show is at 7 p.m.

The After School Library Program starts on Wed. April 30. Anyone who can help with this please be at the Library by 2:45 p.m.

The speaker for May 7 is Katie Robertson Joyner who will speak about the upcoming "Every 15 Minutes" project that will be held at Penquis Valley H.S. the following week.

This is a very powerful program to combat teenage use of alcohol and will involve a mock accident and what is involved with the death and injuries of teens. Many volunteers will be needed and Kiwanians are being asked to help the day of the event. We hope you will come to hear Katie explain what this is about to see how you can help.

Our speaker today was Jayson Allain from Dover-Foxcroft who is running for the office of State Representative in District 26, Atkinson, Dover, Medford, Milo, Sangerville, Lake View and Orneville. He is a 49 year old, self-employed small business owner who is married with three children.

He grew up in Sanford, joined the Air Force in 1978 and after active duty returned to Maine to pursue his college

education. In 1985, he graduated from the Academy of Health Sciences at Ft. Sam Houston, TX, where he successfully completed the Army Physical Therapy Specialist Course. In 1987, he completed his BS in Management at the Univ. of New England in Biddeford, ME. He went on to attend the Army's Officer Candidate School in 1989 graduated and branched into the Army Signal Corp. After 27 years of active, reserve and guard leadership positions, Major Jayson Allain is the Computer Network Defense team leader for the Maine Army National Guard. To round out his education, Mr. Allain completed a Masters in Bus. Admin. in 2002 at the Univ. of NH with a focus in technology. He and his wife now operate a small technology and outdoor recreation business in Dover-Foxcroft.

He has kept active in community affairs and state and local government and sets his priorities for his campaign on jobs, the economy, taxes and health care. For more information or if you would like to join his campaign effort, you can call 564-0007.

Meeting adjourned. Lois Trask, Sec.

April 30th - Night Meeting at Pat's Pizza, Milo - on Park St. 6 p.m.

**In lieu of Skip a Meal, you are requested to bring something for the Local Food Cupboard.
See you Wed. evening. - No morning meeting.**

Use Connections to post your own free classified ads and keep in touch with friends and family members in both the Civilian and Military service. Submit your Connections by emailing info@trcmaine.org, mailing it to Connections c/o Izzy Warren; 6 Kimball Street, Milo, ME 04463, or submitting it online at:

<http://www.trcmaine.org/connections/>

Housing WANTED TO BUY House on land.(not town lot).. owner carry with \$8k down. Prefer more land/less house, fixer upper ok. Under \$50k have references, regular income. If your place is vacant and unloved, we will love it, fix it and give you regular income. Contact: starwalkr@gmail.com or 207.433.0687

Stuff-BOAT, MOTOR, AND TRAILER

14 foot open fishing boat with 8 hp mercury Motor. Includes galvanized trailer. Contact: 207.746.3787

Jobs-PENQUIS JOB OPENINGS

Center Aide (3), and Assistant Teacher (2)

Penquis, a social services agency serving Penobscot, Piscataquis, and Knox counties for 40 years, has the following openings: Center Aide: One full-time position (40 hrs/wk, 52 wks/yr) working variable shifts in a preschool room in Bangor.

One full-time position (40 hrs/wk, 52 wks/yr) working variable shifts in an infant/toddler room in Bangor.

One part-time position (25 hrs/wk, 52 wks/yr) working 12:30-5:30 p.m. in a preschool room in Old Town.

Position assists with greeting children, getting them settled into the facility, assisting with playground supervision and activities, and other daily activities related to the operation of the classroom, including light cleaning duties. Requires a high school diploma or equivalent, basic reading, writing and math skills, and the ability to lift and carry up to 50 pounds. Training in child care or social welfare and previous paid experience working with children are preferred. Position starts at \$8.45/hr.

Assistant Teacher: One full-time position (40 hrs/wk, 52 wks/yr) in an infant/toddler room in Bangor.

One full-time position (36 hrs/wk, 52 wks/yr) in Bangor.

Position assists with the daily needs of children and the activities that provide services to children and families. Requires one semester or equivalent (6 months) of post high-school training/education in a child care arena and at least one year of paid experience working with children. Position starts at \$9.72/hr.

Penquis offers an excellent benefits package and competitive wages. An application form and job description are available from Penquis, 262 Harlow Street, P.O. Box 1162, Bangor, ME 04402-1162, Tel: 973-3500, TDD: 973-3520, from our offices in Lincoln, Rockland and Dover-Foxcroft, or you may apply online at www.penquis.org. Applications will be accepted until 4:30 p.m. on Tuesday, April 22, 2008. Please indicate position(s) in which you are interested when applying.

PENQUIS - CLIENT SERVICE REPRESENTATIVE

The Community Support Department is seeking a full-time (40 hours per week) Client Services Representative to work in its Lynx Transportation office in Bangor.

The ideal candidate will be comfortable working in a fast-paced environment while staying focused on the tasks at hand. Position requires a high school diploma or equivalent and 2 years of work experience in an office setting with client contact responsibility; the ability to operate office equipment; good communication skills; and computer proficiency and experience, including data entry and word processing skills. You must be able to interact with the public in a professional manner; maintain client information in complete confidence; and learn and apply federal and state regulations.

This position starts at \$9.72/hour.

An application form and job description may be obtained from Penquis, 262 Harlow Street, Bangor, Maine 04402; Tel: 973-3500; TDD: 973-3520, from the Penquis offices in Dover-Foxcroft, Lincoln, or Rockland, or you may apply online at www.penquis.org. Applications will be accepted until 4:30 p.m. on April 11, 2008.

PENQUIS - DISPATCHER II-Penquis, a social services agency serving Penobscot, Piscataquis, and Knox counties for 40 years, is recruiting for the above full time position based in Bangor. This is a full-time (40 hrs/wk) opening in the Community Support Department for a Transportation Dispatcher who is able to work flexible hours from 7:00 a.m. to 5:30 p.m., Monday through Friday. We are looking for an energetic person with strong analytical skills who is familiar with road systems in Penobscot and Piscataquis counties to join our team of Dispatchers.

A high school diploma or equivalent and 3 years of work experience including two years of office work that involves customer contact and data entry in a Windows environment are required. Good telephone communication skills, keyboard skills, and the ability to successfully interact with the public and with health professionals are needed. The successful candidate will be able to remain calm and productive in a fast paced environment. Preference will be given to applicants with previous dispatching experience, demonstrated excellent decision making skills, experience working with families, and previous experience with federal and state regulations.

This position starts at \$11.16/hr. An application form and job description may be obtained from Penquis, 262 Harlow Street, Bangor, Maine 04402; Tel: 973-3500; TDD: 973-3520, from the Penquis offices in Dover-Foxcroft, Lincoln, or Rockland, or you may apply online at www.penquis.org. Applications will be accepted until 4:30 p.m. on April 4, 2008.

Community Connection-FREE HELP FINDING CHILD CARE

Good Beginnings Last a Lifetime !

Free child care referrals from the Penquis Child Care Resource Development Center (RDC) are available for all families in Penobscot and Piscataquis Counties.

Choosing child care is one of the most important decisions a family must make. Parents searching for a safe and healthy environment for their child will be provided with a checklist of questions to ask a prospective provider and things to look for when visiting child care programs. The list of available child care providers in Penobscot and Piscataquis Counties includes licensed Child Care Centers as well as certified Family Child Care providers and Care for ME (legal, exempt) providers caring for children in their homes.

The Penquis RDC provides a referral list, but does not make recommendations. Families make their own choices.

All information is confidential and an experienced Referral Specialist is ready to help. Please call the Penquis Child Care Resource Development Center at 1-888-917-1100 or visit www.penquis.org/rdc.

MILO TOURISM TASK FORCE-The next meeting of the Milo Tourism Task Force is scheduled for Tuesday.

April 29, 2008 at 6:00 pm in the dining room of the Milo Town Hall. Look forward to seeing everyone.

Contact: Dr. Kenneth B. Woodbury, Jr. kwoodbury@pcedc.org or 207.564.3638

SPEEDWAY 95 PASS RACE TIME CHANGE

PASS has changed the race time for the Pro-All Star Series 150 from 7:00 PM to 3:00 PM on Saturday, May 3rd. The racing will include Outlaws, Mods, Sportsman, Super Late Models and our Sport fours.

Pit Gates open at 9 am Pit Pass \$35.00 Grandstands gates open at 1:00 pm Adults \$15.00 Jr/Sr \$10.00 Jr ages 10 -16 Senior 65+

TRC Community Calendar

Visit <http://calendar.trcmaine.org/> for a full listing.

Monday, April 28

9:00a Monday Morning Quilters

11:45a Meals for ME

4:00p Penquis Solid Waste Corp.

6:00p Volley Ball

6:30p Atkinson Selectmen

7:00p Alcoholics Anonymous

7:00p Piscataquis Amateur Radio Club

Tuesday, April 29

9:00a Womancare Outreach

5:30p Line Dancing

6:00p Milo Tourism Task Force

6:30p Post #92 Bingo

7:00p Sebec Planning Board

Wednesday, April 30

6:30a Three Rivers Kiwanis

10:00a Church Thrift Shop

6:00p K.I. Riders

6:00p Wednesday Night Quilters

6:30p Boy Scout Troop #115

7:00p Overeaters Anonymous

Thursday, May 1

8:00a Women's Ecumenical Breakfast

11:45a Meals for ME

4:30p Tae Kwon Do Class

5:30p D-F : A Time for Change

6:00p Boy Scout Troop #112

6:30p Line Dancing

6:30p BJHS Card Party

7:00p Brownville Days Committee Meeting

Friday, May 2

11:45a Meals for ME

12:00p Three Rivers Senior Citizens

6:15p Post #41 Bingo

7:00p Milo : Kiwanis Variety Show

Saturday, May 3

9:00a Milo : Auxiliary Yard and Bake sale

Sunday, May 4

1:00p D-F : March for Babies

2:30p Tiny Tigers Tae Kwon Do

2:30p Post #92 Auxiliary

3:30p Square Dancing

6:00p Alcoholics Anonymous

6:00p Brownville Jct. : Scrapbooking

7:30p Alcoholics Anonymous

TEN TOP THINGS THAT PEOPLE CAN DO TO CONSERVE OUR PLANET EARTH

From a Garden Club Federation of Maine newsletter.

1. Use cloth napkins instead of paper products.
2. Turn out lights when not in use.
3. Recycle used computer ink cartridges (Staples will reward you \$3 for used ones brought back to the store.)
4. Recycle your old cell phones.
5. Support your local Farmer Market (typically most produce has to travel nearly 1,500 miles before it ends up on your plate). Buying from local farmers mean you are getting the freshest food possible.
6. Recycle old magazines (2-3 months old) and take them to a hospital, dentist or a nursing home for clients to look at. (Just block out the subscription label.) Otherwise recycle with newspapers.
7. Use environmentally friendly cleaning materials. Use vinegar and baking soda when possible. Unused cleaning supplies, paints, solvents, pesticides should

be brought in for special disposal. Most communities have 1 or 2 days a year to be collected.

8. Use environmentally friendly fertilizers for your lawn, vegetable and flower gardens, such as osmocote. (Your children & pets are protected from chemicals.
9. Lower the thermometer in winter - 68 F should be tolerable.
10. Use compact florescent lights. Remember to recycle used bulbs at the store where purchased for

recycling. (Home Depot & Lowe's will take them.)

REMINDER: There is some mercury used in these bulbs.

JSI STORE FIXTURES IS GROWING STRONG- WITH EMPLOYEE SAFETY AND DEDICATION

JSI Store Fixtures, located in Milo, Maine will be celebrating 7 years and more than 1,000,000 hours of no lost time injuries with its 130 employees on April 25th. Employees will receive jackets, cash prizes and one lucky employee will win a used company car. "Our company's safety record is not just a reflection of our excellent safety program but more importantly, it indicates a superior workforce that has "bought-in" to a culture and work environment that respects employees for the work they do and rewards them for their performance", says company Executive Vice President, Mark Awalt.

JSI Store Fixtures is certainly a bright spot in Maine's manufacturing industry. Since 1990, the Maine Economic Growth Council reports that manufacturing in Maine has shrunk from 17.4% of Maine's total employment to just 9.8% in 2006. During the same period, JSI has grown from the family's basement and three employees to 130 employees working in a 75,000 square foot manufacturing plant located in Milo. "Our workforce's commitment to providing customers with quality products and excellent customer service has been a key to our success", says Mark Awalt. "They are not afraid to work very long hours to guarantee customer satisfaction".

With the media's recent talk of a recession, it is nice to see a Maine manufacturer bucking the trend. In fact, JSI has added nearly 30 new employees in 2008 alone and is continuing to hire today.

JSI manufactures high-end custom fixtures, primarily for many of the nation's largest supermarket chains including local chains Hannaford and Shaw's Supermarkets and one of the U.S. largest chains, Food Lion, located in North Carolina.

If this sounds like the place for you, here is your opportunity to jump on board-

JSI STORE FIXTURES, INC - Seeking Drafter(s) -

JSI is an industry leader in the manufacturing of supermarket store displays. We are seeking candidates with **AUTOCAD** experience to become part of our professional team of drafters.



Qualifications include a two-year degree in a drafting discipline or equivalent experience. Prefer experience as follows: Familiarity with AutoCAD R14 or higher, AutoCAD Inventor, CNC (Alpha Cam) and Mechanical Drawing, attention to detail and the ability to work well with many different employees is essential.

JSI has increased sales for 17 straight years enabling employees to grow with our company. JSI's benefit package includes health, dental, life insurance, paid vacations, holidays and a 401(k) plan.

If you would like to be considered for employment with our Company, please forward a cover letter and resume to:

JSI Store Fixtures, Inc.-Attn: Mark Awalt
140 Park Street
P.O. Box 38
Milo, Me 04463

An Equal Opportunity Employer



*Valerie Jeans Bistro invites you to enjoy
their tastes of the world.*

On Sunday, you can enjoy your Italian favorites at Valerie Jean's on Main Street, Milo.

Each meal is \$9.95 and includes a Caesar salad and foccacia bread. For an entrée

You may choose from the following:

- *Baked Spaghetti with meat sauce*
- *Chicken parmesan over Spaghetti*
- *Tortellini Alfredo*
- *Whole Clams in a lemon-butter garlic sauce over Fresh Pasta*

Reservations are strongly recommended.

Call 943-7470 to ensure a spot!

Then on for one last Wednesday in April, send your taste buds on a trip to Belgium!

At least a 24-hour reservation is required, so call 943-7470 to get on board!

Begin with Brussels Sprout au Gratin

Then an Endive salad with walnuts, apples and bleu cheese

As an entrée your choice of:

Flemish Pork stewed in Beer

Or

Mussels and Pomes Frites (Fries)

and finish with A Waffle Sundae

\$60 a couple, excludes tax and gratuity.

On May 7th, we head for a taste of Mexico...check for that menu in next week's Three Rivers news!