



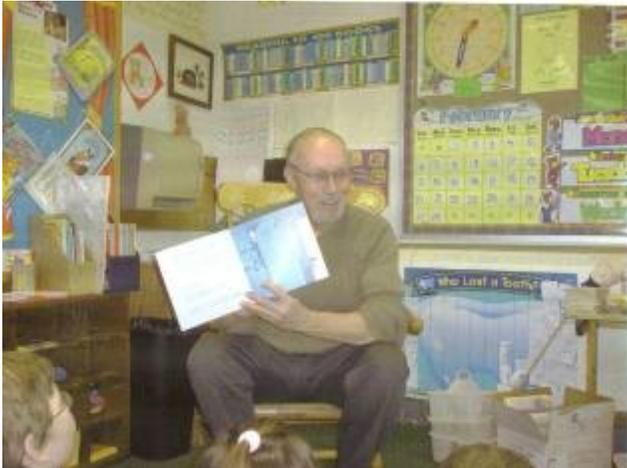
Three Rivers News



<http://news.trcmaine.org/>

SPONSORED AND PUBLISHED BY THREE RIVERS KIWANIS CLUB AND THREE RIVERS COMMUNITY ALLIANCE
TO PROMOTE AND SERVE THE TOWNS OF BROWNVILLE, MILO, LAGRANGE, MEDFORD, AND ORNEVILLE

LIVE SIMPLY-LOVE GENEROUSLY CARE DEEPLY-SPEAK KINDLY
Monday, April 23, 2007 Volume 6 Number 24



*In Loving Memory of Murrel Harris
Dec. 16, 1945-April 29, 2006*

What He Had

He had achieved success.

He had lived well, laughed often and loved much.

*He had gained the respect of intelligent men, the trust of
pure women, and the love of little children.*

*He had never lacked the appreciation of earth's beauty
or failed to express it, and he always looked for the best
in others and gave them the best he had to give.*

*He had filled his niche and accomplished his tasks and
has left this world a better place than he found it.*

*His life was an inspiration, his memory is a benediction.
So deeply missed and so very much loved.*

Your Family

ATTENTION ALL SCRAPBOOKERS

National Scrapbooking Day Crop

Saturday, May 5, 2007

Time: 9:00 a.m. – 3:00 p.m.

Where: Milo Town Hall Cost: \$15.00

Contact: The Milo Rec. Dept at 943-7326 or Theresa
McMannus at 943-8862

All proceeds benefit the Milo Recreation Department

For One Night Only

**The Rock 'N' Roll
at the Fantastic
Fun Friday Night
Variety Show**

Featuring:
The Notables
Heartwise
PVHS Key Club Chorus
Milo Elementary
Children's Chorus & More

Quilt Raffle ~ Silent Auction ~ Refreshments

Date: Friday, May 4th
Place: Milo Town Art Center
6 Pleasant St., Milo
Time: 7 P.M.

Tickets:
\$6 - Adult
\$4 - 12 & Under
\$20 Per Family

*All Proceeds To Benefit
Children's Reading
Programs*
*Sponsored By The Three
Rivers Kiwanis Club of
Milo & Brownville*

50'S AND 60'S "SOCK HOP"

To benefit the MSAD #41

Special Olympics

Saturday, April 28, 2007, from 8 pm to
midnight

Brownville Jct. Alumni Building

Tickets: \$10 per person

Tickets available at Trask Insurance in Milo and the
Brownville Town Office

Or by calling: Linda Sue Howard at 943-5692 or 279-
0062, Cindy Davis at 965-9871 or Melanie Knowles at
478-1080.

Prizes will be awarded for "best period dress"!

Popcorn, soda and water will be available for sale or feel
free to bring your own snacks and non-alcoholic
beverages.



BRAND NEW AT MAYO REGIONAL HOSPITAL

A daughter, Dana Mae Conley, born on April 11, 2007 and weighed 6 pounds and 5 ounces. The proud parents are Jenny and Michael Conley II of Milo.

THE THREE RIVERS KIWANIS OF MILO/BROWNVILLE ANNUAL AUCTION IS LESS THAN TWO MONTHS AWAY. PLEASE CALL BOBBY ELLISON AT 943-2317 OR JOE ZAMBONI AT 943-2271 IF YOU WOULD LIKE TO MAKE A DONATION AND NEED IT PICKED UP. THANK YOU!

CURIOSITY NOTES

May and our first year anniversary is approaching. One of our many sales will include a month long 50% off sale on Victoria's used books.

Until then come in to see our spring clothing, more of which is arriving daily. We also have box lots of toys, home school books, and miscellaneous items from \$2.00 to \$4.00.

Our current hours are
Tuesday to Saturday from 10 – 3.

STATEMENT OF POLICY

Three River News is published weekly by Three Rivers Kiwanis. It is available Mondays at the General Store and More, Milo Farmer's Union, The Station Market, Graves' Service Station, Robinson's Fuel Mart, Reuben's Farmer's Market, The Restaurant, Milo Exxon, Rite Aid, Valerie Jean's, Milo True Value, and online at WWW.NEWS.TRCMAINE.ORG. Donations can be mailed to Valerie Robertson, PO Box 81, Milo, Maine 04463.

All items for the paper are sent to us; we are not reporters, and we rely on the public for our articles.

Letters to the editor, social news, school news, items of interest, or coming social events may be submitted NO LATER THAN FRIDAY NOON to the following addresses:

Valerie Robertson, PO Box 81, Milo, Maine 04463 or e-mailed to, val04463@verizon.net or call 943-2324.

Nancy Grant, 10 Belmont St. Milo, Maine 04463, e-mailed to nancy2310@roadrunner.com or call 943-5809.

Please drop suggestions and comments into a donation box or contact one of us. We welcome your ideas. Opinions are not necessarily those of the editors unless otherwise stated. The paper is written, printed, and distributed by unpaid volunteers. Donations are used to cover the expense of printing, paper and materials.

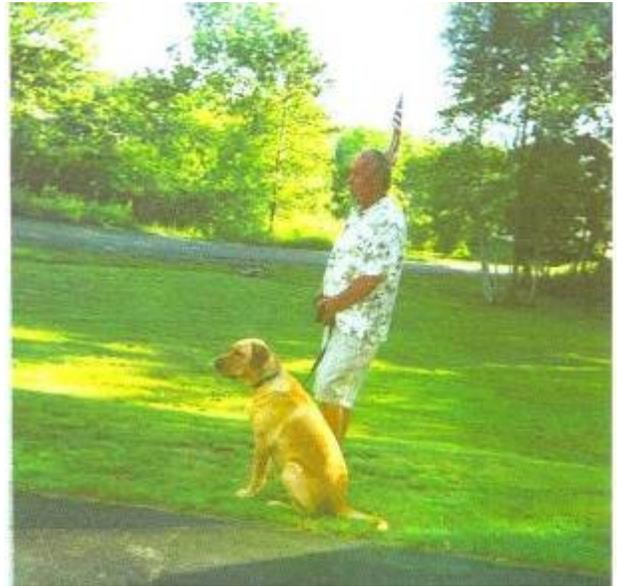
Valerie Robertson Nancy Grant Virgil Valente Kirby Robertson
HOW TO RECEIVE THE THREE RIVERS NEWS BY MAIL

We have received many inquiries from readers as to how they can get the Three Rivers News delivered to their mailbox each week. The news is available by subscription in 30-week increments. For each 30-week subscription we ask for a donation of \$25.00 to cover the cost of printing and mailing. If you would like to sign up to get the news delivered, send your name, address and a check for \$25.00 to:

Valerie Robertson Nancy Grant
P.O. Box 81 10 Belmont Street
Milo, Maine 04463 Milo, Maine 04463

**M.S.A.D. #41 SPRING CONCERT
APRIL 26, 2007 7 P.M.**

PENQUIS VALLEY HIGH SCHOOL GYM



**In Loving Memory Of "Papa Harris"
Dec. 16, 1945-April 29, 2007**

Its been a year since you left me. How can a pain still be so deep and strong? I miss our rides, our ball-playing, but most of all I miss you.

Keep your face in the wind, "precious Papa", and ride free forever.

*Your faithful riding companion and best buddy,
Jeter*

In Loving Memory of My Husband

We are connected, my husband and I, by an invisible cord-not seen by the eye.

It's not like the cord that connects us 'til birth-this cord cannot be seen by any on Earth.

This cord does its work right here from the start; It binds us together, attached to my heart.

I know that it's there, yet no one can see, this invisible cord from my husband to me.

The strength of this cord is hard to describe, it cannot be destroyed, it can't be denied.

It is stronger than any cord man can create, it withstands any test, it can hold any weight.

And though you are gone and not here with me, the cord is still there, but no one can see.

It pulls at my heart, I am bruised, I am sore. But this cord is my life-line as never before.

I am thankful that God connects us this way, a husband and wife forever we'll stay.

There are no words to describe the pain of your loss. Your absence is felt in every moment, every breath of each day.

You were my true north, the light that brought us together.

May God wrap his arms around you and keep you safe, and when my time is through remember to wait for me at "Heaven's Gate".

*I Miss You-
With all my love, Your Buttercup*

(Your flag for your "Beloved Yankees" will be displayed every year on your anniversary date.)

GO YANKEES !!!

Youth Bring Sunshine to Milo & Brownville Residents



Brianne Dillon (Girl Scout), Theda from Pleasant Park and Rachel Whitten (4-H)

Youth and adults from the Milo Musketeers 4-H Club and Brownville Junior Girl Scout Troop #924 spent their Saturday afternoon delivering Easter & Spring cards to all the residents at Pleasant Park and Garden Apartments in Milo and Quarry Pines in Brownville.

Dana Sherwood & Rachel Whitten, members of the Milo Musketeers 4-H Club, created 120 handmade Easter/Spring cards. Both girls are also Junior Girl Scouts, so they helped to make more cards with their Girl Scout Troop members. Brownville Girl Scout Troop #924 members Sarah & Amber Willinski; Caitlyn Jalette; Mashilla Harrison; Brianne Dillon; Dana Sherwood & Rachel Whitten created 90 beautifully made Easter cards for the residents.

A special thank you goes to the following youth and adults who took the time to deliver their beautiful handmade cards to the 70 residents in Milo and Brownville: Krishanna Cook; Brianne & Carolyn Dillon; Cathy Green; Mashilla Harrison & Tanya Donnelly; Caitlyn Jalette; Dana Sherwood; Linda, Willis, Rachel and Karri Whitten; and Sarah Willinski. The residents were so happy to see the youth and to receive their cards that they showered the youth with hugs and kisses. Both 4-H and Girl Scout members realized just how much joy and happiness their cards brought to the senior citizens in their communities. Even though the day was cold and dreary, these young people brought rays of sunshine to the lives of many people.

Left to Right: Front Row: Brianne Dillon, Mashilla Harrison,



**Rachel Whitten, Dana Sherwood & Karri Whitten
Left to Right Back Row: Sarah Willinski, Cathy Green,
Caitlyn Jalette, Tanya Donnelly, Krishanna Cook,
Carolyn Dillon & Linda Whitten**

FROM GRAMMIE McCLEARY'S WEATHER DIARY APRIL 1984

- 23-Sunny windy-30° at 6 am.
- 24-Cloudy am rain pm and evening-50° at 12 pm.
- 25-Rain early am Cloudy windy pm
- 26-Fair windy-41° at 9:20 pm.
- 27&28-Sunny windy-60° at 12 pm.
- 29-Sunny-32° at 6 am.

BINGO...BINGO...BINGO!!!

THE MILO AMERICAN LEGION POST 41 HAS BINGO EVERY FRIDAY NIGHT. A MEAL IS SERVED FROM 5:00PM UNTIL 6:15 PM.

BINGO STARTS AT 6:15 AND ENDS AT 9:30.

SEE YOU THERE!



Asthma Education Workshop

Dover-Foxcroft – The Piscataquis Public Health Council (PPHC), our region's Healthy Maine Partnership, and Mayo Regional Hospital are sponsoring a free asthma education workshop on Wednesday, May 2, from 5:00-6:00 in the Sebec/Borestone conference room at Mayo Regional Hospital. No registration is required. The workshop helps participants manage their Asthma, recognize signs and symptoms, and learn about treatments. The workshop will help individuals identify factors that contribute to their asthma: triggers/flare factors, environmental factors, individual factors, and allergy testing. Individuals will learn about behavior and environment changes to help better manage their asthma.

For more information about the Asthma Education Workshop, contact Kim Havea, at 564-4395.

Stop Colon Cancer Before It Starts - Facts About Colon Cancer

What is Colon Cancer?

Colon cancer includes cancers of the colon and rectum. While colon cancer is the second leading cancer killer in the United States, it is also one of the most detectable – and, if found early enough – most treatable forms of cancer.

Most colon cancers develop first as polyps, which are growths inside the colon or rectum. Colon Cancer can be prevented if the polyps are detected and removed before they become cancerous – which is why regular screening is so important!

Facts & Figures:

- Colon Cancer is the #2 cause of cancer death in men and women in the United States.

- Maine has the eighth highest colon cancer death rate in the United States.
- In 2004, an estimated 800 Mainers were diagnosed with colon cancer, causing 310 deaths.
- Colon Cancer is 90% treatable when detected early.
- Screening can find polyps before they become cancer.
- The most common symptom is no symptom at all.

Risk Factors:

Colon Cancer is the 2nd leading cancer killer among men and women. Regardless of risk factors, you should plan on getting screened for colon cancer regularly once you reach age 50.

Age: Although colon cancer can strike at any age, more than 9 in 10 new cases are in people age 50 and older. There are other factors, however, that can increase your risk of developing colon cancer.

Gender: Colon Cancer affects both men and women.

Ethnic Background/Race: Minorities, particularly African-Americans and Hispanics, are more likely to be diagnosed with colon cancer in advanced stages, making death rates higher for these populations.

Personal History of Bowel Disease: A personal history of colon cancer or intestinal polyps, and diseases such as chronic ulcerative colitis, Crohn's Disease and Inflammatory Bowel Disease increase a person's chance of developing colon cancer.

Family History/Genetic Factors: A strong family history of colon cancer (one or more first degree relatives) may indicate an increased risk for developing colon cancer.

Diet/Exercise: A high-fat diet, particularly from animal sources, can increase the risk of colorectal cancer. People who are not active have a higher risk of colorectal cancer.

Smoking/Alcohol: Recent studies show that smokers are 30%-40% more likely than non-smokers to die of colon cancer. Heavy use of alcohol has also been linked to colon cancer.

For more information about colon cancer, call 1-877-320-6800 or TTY: 1-800-438-5514 (Deaf/Hard of Hearing), or visit www.mainepublichealth.gov.

WHO WE ARE

MEOC is a federally funded program that helps qualified adults make the transition towards a college education. This program, which is housed at the University of Maine, provides assistance for qualified adults living in Maine and helps them go to whichever college or university they choose.

Services Provided

All MEOC services are FREE!

- . GED/SAT Preparation
- . Career Counseling
- . College Planning
- . Financial Aid Counseling
- . Referrals/Advocacy
- . College Admissions Process

Our Work in Action

MEOC successfully placed 644 adults across the state in different colleges, and helped 150 adults receive their adult diploma or GED last year.

How to Participate

The starting point for all MEOC participants is The Essentials of College Planning, a FREE interactive workshop that outlines the four steps in the college process: admissions, financial aid, career planning, and study skills. The workshop lasts approximately 2 - 3 hours. Pre-registration is required.

For more information or to register call: 1-800-281-3703

Essentials of College Planning Workshops

Date: 5/3/07

Time: 9:00am

Location: Dover-Foxcroft CareerCenter

Address: 50 Pine Crest Drive, Dover-Foxcroft

MEOC Advisor: Randi Paine

Date: 5/8/07

Time: 9:00am

Location: Penquis Higher Education Center

Address: 50 Mayo St., Dover-Foxcroft

MEOC Advisor: Randi Paine

AREA SCHOOL NEWS

Remember to clip the "Box Tops for Education" coupons and drop them off at your favorite school...each one is worth 10-cents!!

Brownville Elementary recently participated in their 25th annual Brownville History Day at the school. Here some 3rd graders present some poems they wrote. Each class in grades 3-6 did a presentation for guests. Mrs. Beres, school

principal, also presents Bill Sawtell with a certificate of appreciation for his continued support.



*Valerie Jean's is serving Champagne Brunch on
Sundays from 11 am-2:30 PM
Three Courses for \$18
A Basket of Assorted Pastries*

*Crab and Roasted Red Pepper Bisque
or*

*Baby Spinach Salad with Dried Cranberries, Pistachios and
Maple Vinaigrette*

- *Orange-Pecan Sourdough French Toast with Bacon and Maine Maple Syrup*
- *Eggs Benedict on Focaccia with Grilled Tenderloin Medallions and Hollandaise served with Home Fries*
- *Asparagus, Mushroom and Cheddar Strata with Fresh fruit*
- *Wild Salmon Fillet poached in Olive Oil served on a bed of greens*
- *Roasted Pork Loin with Applesauce and Home Fries Don't forget to save room for dessert! (included!!)*
 - *Profiterole (A fresh puff pastry, filled with Ice Cream and topped with our fresh-made Hot Fudge)*
 - *Cappuccino Crème Brulie*
 - *Coconut Cheesecake w/Blueberry Compote*
 - *Raspberry Sorbet*

Reservations are strongly recommended so call 943-7470 to ensure a spot!

Milo Free Public Library News

By Judith Macdougall

As I write this column (Thursday) we are having a sunny day. The last few days have been so gloomy and dull that this day seems like a miraculous gift. Of course we should feel every day is a gift (isn't that why they call it the "present"), but it is harder to get very excited about a dark, cold and wintry day in April when we have been waiting for spring for a whole month by the calendar. However, I looked out my window and just by the front steps where the latest snow storm had receded was a deep purple crocus! Spring has come.

Last Saturday I went to the post office and received a gift box that I certainly wasn't expecting. It was sent to us by Ardeth Carey Bouton from Deland, Florida. A box is always fun to receive at the library so I eagerly opened it. Inside were eight new and lovely books. Ardeth had written a note that she was giving the library these books in memory of her aunt, Helen Carey. These books are the Rose Years series. The Little House on the Prairie books came first, and these books are a continuation of the early ones. They follow Rose Wilder, daughter of Laura and Almanzo Wilder, through her childhood years to the turn of the 20th century. These stories tell about a young girl one hundred years ago, as Rose lived from 1886-1968. The author of these books is Roger Lea MacBride. He was the adopted grandson of Rose, and she told him many stories of her growing up years. Roger was also an active participant in the creation of the Little House TV series. In these books Rose grows up and at 16 she moves to Louisiana to live with an aunt while finishing high school. Eventually she becomes a telegraph girl in San Francisco. The books are recommended for ages 8-12, but they would be of interest to all ages as the first series was so popular.

The titles of these books are as follows:-

LITTLE HOUSE ON ROCKY RIDGE
LITTLE FARM IN THE OZARKS
IN THE LAND OF THE BIG RED APPLE
ON THE OTHER SIDE OF THE HILL
LITTLE TOWN IN THE OZARKS
NEW DAWN ON ROCKY RIDGE
ON THE BANKS OF THE BAYOU
BACHELOR GIRL

We certainly thank Ardeth for remembering the library and sending us this set of books.

We have had several requests through the years for telephone numbers, and now we have all, or almost all, of the state telephone books. Below is a list of the areas for which we have books. Please come in or call if these books can be of help to you.

`NORTHERN AROOSTOOK~
CALAIS~HOULTON~MACHIAS~BANGOR~
AUGUSTA-GARDINER` ELLSWORTH-MT. DESERT
`WATERVILLE-SKOWHEGAN` RUMFORD-
FARMINGTON` PORTLAND` AREA` BATH-

BRUNSWICK` BIDDEFORD~LEWISTON~YORK BEACH
AREA~CUMBERLAND-FALMOUTH

I read in the newspaper today that federal income tax filers now have until April 26 to file their income tax whether they were affected by the April 16th storm or not. We will have INCOME TAX FORMS available here at the library until May 1.

Library Winter Hours

Mon.-Weds.-Fri. --- 2:00-8:00

Saturday 2:00-4:00

Telephone 943-2612



HAPPY BIRTHDAY!!

Michael Clark was honored on his 70th Birthday at the home of his niece and her husband Leah and John Peabody in Glenburn Sat. night. Many of his Clark relatives were on hand to help the honoree eat his 'specially prepared birthday cake. Shown on the decorations were Michael at a very young age with his "big" brother Perry: The other photo is of Michael with "the wife"

Karen. Brother Perry, who was unable to travel for the party, called to add his best wishes that Mike had survived to such a ripe old age! Happy 70th Michael!

The other photo shows Michael enjoying steamed clams brought by niece Lorri and her significant other Jeff:

Robert Cook, grand nephew of Mike and Karen (who is home on leave from the USMC), was also honored with belated birthday wishes: Thanks Rob! We love you and wish you the best!

COMMUNITY CONCERT BAND PRESS RELEASE

The Community Concert Band has begun rehearsals for its 2007 Concert Season. Rehearsals will be Friday evenings from 6:30 to 8:00 pm at the United Methodist Church in Dover-Foxcroft. All interested musicians are urged to come.

The band was originally formed as part of a MSAD #41 Adult Education class in October 1981 under the leadership of director James Perkins with their first public performance in April of 1982. In an effort to attract mature instrumentalists from all over the area, the name Community Concert Band was chosen to reflect the non-marching, non-specific-town nature of our group. Over the past 25 years this all volunteer band has provided entertaining music and fun for players and listeners alike with neighborhood "concerts in the park," nursing home visits, centennial celebrations and parade appearances aboard our custom-built flatbed band float.

Our 26th concert season begins in late June and runs through August.

For more information, call Kathy Dessureau at 564-8390 or visit our web site at <http://www.trcmaine.org/ccb/>.

Three Rivers Kiwanis, Milo - Brownville



Learn more at www.kiwanis.org and www.newenglandkiwanis.org

Three Rivers Kiwanis met at The Restaurant on Wed. morning April 18 with nine members present. Joining them were Bob Darling, Andy Hinckley, Lt. Gov. Brenda Kelley, Brian Woodward, and Doc Sherman from Dover-Foxcroft Kiwanis, and Josh Clement, President of Penquis Valley Key Club.

Birthdays this week included Janet Richards on April 24.

A thank you note was received from the Library for our donation to their summer reading program.

Happy dollars were given for our own Chris Almy completing the Boston Marathon and that we didn't get the full brunt of the storm. Sad dollars were given for the Red Sox and for the tragedy at Virginia Tech.

Josh Clement reported that the Penquis Valley Key Club would be collecting tabs from cans for the Ronald McDonald House. Please keep this in mind and remove those tabs from any kind of can and turn them over to a Key Clubber or any Kiwanian.

The nominating committee presented a slate of officers for 2007-08. They are as follows: Pres., Janet Richards; President-Elect, Valerie Robinson; Vice-Pres., Nancy Grant; Secretary, Lois Trask; and Treasurer, Jeff Gahagan.. The Variety Show scheduled for Friday, May 4, is coming together. The chorus is still in need of voices, if anyone is interested. They are doing a fun medley of rock and roll songs and need guys and gals who will dress in 50's and 60's attire and sing their hearts out to some of our favorite old songs. Contact Stephanie

Gillis if you can join us or be at practice on Wed. night at 6:00 p.m. at Milo Elementary portable classroom. First practice at the Town Hall will be April 30th and May 3rd will be a dress rehearsal.

President Ethelyn Treworgy reported on the results of the Board of Directors meeting held on April 12th. At that meeting, a thank you was received from Camden National Bank for transferring our accounts to them.

Dues bills were discussed and billing for the remainder of the year will be going out soon for those who did not pay in full.

Auction dates are Thurs. and Fri., June 22 and 23. It was voted to rent a 40 x 100 foot tent so everything will be undercover this year. If anyone has items to donate and need them picked up, please contact Bob Ellison at 943-2317.

It was voted to purchase from the American Legion a flag, which will fly on our streets in memory of all veterans and active military persons.

It was also voted to donate \$ 50 to the Key Club for their March of Dimes Project.

Our treasury currently has about \$700 which was received through a grant for a children's project. Ideas were discussed and other ideas will be welcomed.

We will be purchasing sashes for graduating Key Club members to wear at graduation.

Island Cottage, a new business in town, has donated \$ 100 to our auction.

The possibility of having a barbeque this summer at the Gazebo with music was discussed with favorable comments.

Ed Treworgy suggested that we consider ideas for doing some small projects for people around town.

The speaker for April 25 will be Bill Irwin speaking about his trip on the Appalachian Trail. This will be Mr. Irwin's final speaking engagement in this area. Guests are invited to attend.

Lois Trask, Sec.

**The Dover Foxcroft Community Church will
present the movie
"Narnia"
In the sanctuary, Saturday,
April 28, 2007. 4PM
Presented by "The Nurture
Committee.**



Admission is Free

On Sunday, you can enjoy your Italian favorites at Valerie Jean's on Main Street, Milo.

Each meal is \$9.95 and includes a Caesar salad and foccacia bread. For an entrée

You may choose from the following:

Chicken Saltimbocca-topped with prosciutto and provolone over spaghetti

➤ ***Spinach and Ricotta Manicotti baked in an Alfredo Sauce***

➤ ***Linguini and Clams in a White Wine garlic and butter sauce***

➤ ***Parpadelle (Thick cut fresh pasta) topped with a beef ragu.***

Reservations are strongly recommended.

Call 943-7470 to ensure a spot!