



# Three Rivers News



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SPONSORED AND PUBLISHED BY THREE RIVERS KIWANIS CLUB AND THREE RIVERS COMMUNITY ALLIANCE  
TO PROMOTE AND SERVE THE TOWNS OF BROWNVILLE, MILO, LAGRANGE, MEDFORD, AND ORNEVILLE

Monday, Sept. 11, 2006 Volume 5 Number 43

**Remember and Reflect-September 11, 2001**

## A Trip to the Top



On Saturday, August 26<sup>th</sup>, this energetic group of young people made the trek up Mt. Katahdin. David Bradley, Brian Zwicker, Jamie Perkins and Britnee Genthner are all smiles after accomplishing the climb.

## Parent Night at Brownville Elementary

The staff at Brownville Elementary School will be holding a Parent Night on Tuesday, Sept. 12. In order to accommodate as many parents as possible each teacher will hold two informational meetings at 6:00 and 6:30 to explain their curriculum and answer questions. This evening is for parents only but if babysitting is an issue your child may bring a book and read quietly in the library. There will be staff members there to monitor children.

As always, if you can not attend but have questions feel free to contact your child's teacher.

On Saturday, October 7, from 7 am to 10 am the American Legion Auxiliary Post #92 on Railroad Ave., Brownville Jct., is hosting an All You Can Eat Breakfast Buffet. Prices DO NOT vary- \$3.50 for all you can eat! All the proceeds go directly to our American Veterans, their families and our Community. Stop by and stuff your gut! Any further information call Cathy at 965-7888

## WELCOME XAVIER



Xavier Jakob was born

September 6, 2006 and weighed in at 9lb. 9 oz. Xavier is the son of Jason and Sheena (Hall) Warren. All are doing well.

## ALA Post #92's Halloween Calendar Raffle is underway!

Calendars are \$5.00 each. You have 31 chances to win! Each day, one name is drawn, \$10.00 winnings Mon-Fri, \$20.00 on Sat-Sun., \$100.00 on Halloween! Each time you win, your name goes back in, so you can win as many times as your name is picked! September 28th is the last day to buy your calendar! All the proceeds from this raffle go directly to our American Veterans, their families and our Community. Call Cathy at 965-7888, Denise at 965-8180, Cathy at 965-8741, Brenda at 965-3631 or The Post at 965-1953 for any further information or to get your Calendar. Thank You for your Support!

*Three River News* is published weekly by Three Rivers Kiwanis. It is available Mondays at the Milo Farmer's Union, The Station Market, Graves' Service Station, Robinson's Fuel Mart, Reuben's Farmer's Market, The Restaurant, Milo Exxon, Rite Aid, Valerie Jean's, Milo True Value, Marion C. Cook School in LaGrange, and online at [WWW.NEWS.TRCMAINE.ORG](http://WWW.NEWS.TRCMAINE.ORG). Donations can be mailed to Valerie Robertson, PO Box 81, Milo, Maine 04463.

All items for the paper are sent to us; we are not reporters, and we rely on the public for our articles.

Letters to the editor, social news, school news, items of interest, or coming social events may be submitted **NO LATER THAN FRIDAY NOON** to the following addresses:

Valerie Robertson, PO Box 81, Milo, Maine 04463 or e-mailed to, [val04463@verizon.net](mailto:val04463@verizon.net) or call 943-2324.

Nancy Grant, 10 Belmont St. Milo, Maine 04463, e-mailed to [Nancy2310@adelphia.net](mailto:Nancy2310@adelphia.net) or call 943-5809.

Please drop suggestions and comments into a donation box or contact one of us. We welcome your ideas. Opinions are not necessarily those of the editors unless otherwise stated. We will not publish negative or controversial comments. The paper is written, printed, and distributed by unpaid volunteers. Donations are used to cover the expense of printing, paper and materials.

Valerie Robertson Nancy Grant Virgil Valente Kirby Robertson

**HOW TO RECEIVE THE THREE RIVERS NEWS BY MAIL**

We have received many inquiries from readers as to how they can get the Three Rivers News delivered to their mailbox each week. The news is available by subscription in 30-week increments. For each 30-week subscription we ask for a donation of \$25.00 to cover the cost of printing and mailing. If you would like to sign up to get the news delivered, send your name, address and a check for \$25.00 to:

Valerie Robertson  
P.O. Box 81  
Milo, Maine 04463

Nancy Grant  
10 Belmont Street  
Milo, Maine 04463

**BINGO...BINGO...  
BINGO!!!**

THE MILO AMERICAN LEGION POST 41 HAS  
BINGO EVERY FRIDAY NIGHT A MEAL IS  
SERVED FROM 5:00PM UNTIL 6:15 PM



BINGO STARTS AT 6:15 AND ENDS AT 9:30.

SEE YOU THERE!

**PENQUIS CAP TO OFFER CHILD  
CARE TRAINING**

BANGOR—The Penquis CAP Resource Development Center, in conjunction with the Maine Humanities Council, is offering a "Many Eyes, Many Voices" child care training on October 17 and 19, 5:30 to 8:30 p.m. at Nokomis Regional High School Adult Education, Newport.

Young children are aware of difference - skin color, body shape, gender, language, family structure, living arrangements - from a very early age. This 6-hour training uses vividly illustrated children's books as a vehicle for having meaningful conversations about differences. Activities accompanying the children's literature selection are included in a curriculum guide. Each participant will receive books and the curriculum guide.

There is a \$15 registration fee. Current child care providers may apply to the Resource Development Center's

Scholarship Fund for reimbursement of this fee. To register, call Amy Ludwig at 973-3533.



**FEATURED PAWS PET**

This wonderful guy is Brandon. He was abandoned and is now living at PAWS, and is a bit of a lost soul. He would love a home with no other cats, but absolutely ADORES people!! He is loving, well-behaved, neutered and current on his shots. As always, we require a responsible home. Call Julie Gallagher at 943-5083 to set up an appointment to see Brandon, or any of the others wonderful cats and kittens we have ready for adoption at PAWS.

**MILO REC NEWS**

Submitted by John Pokrywka

**Bair's Driving School Orientation**

On Saturday, September 23rd at 9 am, Bair's Driving School will be hosting a parent/child orientation class for all who are signed up for the fall session. Requirements are an ORIGINAL birth certificate, a parent/guardian, social security card and at least half of the enrollment fee of \$425. If you are interested in signing up please call 943-7326 or sign up in the office at PVHS. Classes will begin the following week.

**Women's Volleyball Begins Tonight**

Any female 16+ that would like to participate in a volleyball league should meet at the Town Hall on Monday September 11 at 5:30. Captains and teams will be chosen so it is important that all attend.

**Little League Banquet September 20<sup>th</sup>**

The awards banquet for the Milo/Brownville Little League will be held at the Town Hall Dining Room on Wednesday, September 20th at 5 pm. Players and coaches are reminded to bring ALL equipment and uniforms at this time. Refreshments will be served. If you have any questions please call 943-7326.

**5th and 6th Grade Travel Soccer**

Harris Field hosted the first tournament of the fall season Saturday and it was a great success. Over 125 youth soccer players competed on the beautiful New England morning. Penquis Valley was represented by 39 youngsters and displayed a plethora of natural talent and excellent sportsmanship as they handled East Millinocket with ease. The Recreation would like to thank Wiles Enterprises for refinishing some old practice soccer goals for the kids, C & J Variety for their generous donation for T-shirts, and the Snack Shackers

who have volunteered tons of time and energy to provide healthy snacks for all. Thanks again. The next practice is Tuesday, September 12th directly following the HS girls game.

### **Are old cleats and shin guards cluttering your closet?**

The Milo Rec. Dept is looking for any soccer equipment that has been outgrown or underused to outfit some kids in the current soccer program. If you have or know someone who has anything to donate please feel free to drop it off at the Town Hall or call 943-7326. Thanks.

### **QUIT SMOKING NOW!!**

Mayo Regional Hospital will present a free workshop to help people quit smoking on Tuesday, Sept. 19, from 5-6:30 p.m. in the hospital's Borestone conference room. No registration is required. The workshop will share ideas on how to change, tools that can help you stop smoking, and develop a change plan that works for each individual. For more information, contact Robin Mayo at 564-4344.

### **Fishing Season Extended To October 1**

AUGUSTA, Maine -- This year, anglers hoping to get just one more day of fishing will get their wish, as the open water fishing season will conclude on Sunday, October 1, not the customary September 30. Generally, the open water fishing season runs from April 1 through September 30. However, when September 30 falls upon a Saturday, state law allows the commissioner to extend the season by one day.

"We are thrilled to give anglers one more day to enjoy some fantastic fall fishing. Fall can be a spectacular time to fish, with foliage at its peak, and salmon and trout are very aggressive as they prepare to spawn," said Roland D. Martin, Commissioner, Department of Inland Fisheries and Wildlife.

Title 12, section 12456, subsection 2 C reads "whenever the last day of open water fishing season falls on a Saturday, the season is extended one day to include the following Sunday."

All laws fishing rules and laws that are applicable from April 30 through September 30 will be in effect for October 1.

After October 1, there are fall fishing opportunities available, but they are limited to specific bodies of water, and there are more restrictive regulations on tackle and possession. For more details, please consult the fishing law book or fishing regulations on the department's website at [www.mefishwildlife.com](http://www.mefishwildlife.com). Look for waterways with the S-23 (closes Oct. 31) and S-24 (closes Nov. 30) regulation codes.

### **Disney Channel Original Movie, The Cheetah Girls 2 Viewing Pajama Party to Be Held at the Piscataquis Regional YMCA!**

Penquis community members of all ages are invited.

Ready for the purr-fect Saturday evening? On Saturday, September 16, 2006, at 7:00 p.m.,

the whole family is invited to attend a viewing party for the



music and dance filled sequel to the blockbuster Disney Channel Original Movie, *The Cheetah Girls 2* at the Piscataquis Regional YMCA located at 48 Park Street, Dover-Foxcroft. Penquis area kids and adults of all ages are invited to the PRYMCA to sing and dance along with the Cheetah Girls.

In the sequel, the talented teen divas' quest for pop superstardom takes an international turn when they enter a music festival in Barcelona, Spain. Once there, they meet Marisol, a talented Spanish solo singer and her manager/mother Lola, who unbeknownst to the Cheetahs, could lead to the break up their group. Raven-Symoné (*That's So Raven*), Adrienne Bailon, Kiely Williams, Sabrina Bryan, Lynn Whitfield, Lori Alter and Mexico's recording artist/actress Belinda Peregrin star in *The Cheetah Girls 2*.

Come dressed in your PJ's and bring your sleeping bag and pillows. Snacks and refreshments will be provided. \$1.00 admission fee per person is required at the door.

For more information about *The Cheetah Girls 2* viewing party at The Piscataquis Regional YMCA, please contact Becky Walker at 564-7111.

Geared towards kids, tweens and families, it is rated TV-G for general audiences.

Contact: Becky Walker, Piscataquis Regional YMCA  
Phone: 564-7111, Fax: 564-8791, email: [prymcafitness@verizon.net](mailto:prymcafitness@verizon.net)

ABOUT THE YMCA: The nation's 2,617 YMCAs serve more than 20.2 million people each year, including 9.5 million children, uniting men, women and children of all ages, faiths, backgrounds, abilities and income levels. From urban areas to small towns, YMCAs serve America's children, families and communities by "building healthy spirit, mind and body for all." Visit [www.ymca.net](http://www.ymca.net) to find your local YMCA.

### **Several non-profit agency offices that serve the Piscataquis region have gotten a face lift recently, thanks to warehouse expansion plans at the old Dexter Shoe facility.**

Since being acquired by H. H. Brown, a Warren Buffet company, Dexter Shoe has been working toward increasing their warehouse capacity. The facility on Railroad Avenue in Dexter has been chosen as the logical site for these improvements. The only problem was that much of this space was former corporate office space when the company was based in Maine.

Jason Reed, Director of Operations at the H. H. Brown Distribution Center in Dexter, said that rather than sell the office equipment the company decided to donate it to local non-profits. Upholstered office cubicles, bulletin boards, overhead shelving, desks and file cabinets were all up for grabs, as were miscellaneous office supplies such as staplers, tape dispensers and three-ring binders. Since the interlocking work stations were somewhat complicated to take down and reassemble, Reed even donated the time of Roland Herrick and other H. H. Brown Distribution Center staff to do that work for some non-profits.

"When our former Executive Director Mark Scarano heard about this opportunity, our office shared the information with other non-profits in the area," explained Sheila Grant from the Piscataquis County Economic Development Council (PCEDC). The PCEDC offices got a total makeover, including three new work stations complete with cubicles, desks, shelving and file cabinets.

"Our office looks much more professional now, thanks to this generous move on the part of H. H. Brown," said PCEDC President Scott Hersey. "Also, any affordable housing grant applications that we generate at the PCEDC office must be kept in locking cabinets and we received several of those in addition to the new work stations."

The Piscataquis County Sheriff's Department received fireproof filing cabinets, chairs, a conference table, a "substantial amount of office supplies" and a couple of very large safes, according to Sheriff John Goggin.

"We're extremely pleased," Goggin said. "We appreciate their thinking of these non-profit organizations and we appreciate all the tax dollars saved for the people of Piscataquis County by H. H. Brown's donation of this office furniture."

The Western Mountain Alliance is a small organization serving four counties, including Piscataquis, with community development

programs and forums. When they began exploring a move into the offices of another non-profit, limited space was a significant issue.

"Our heartfelt thanks to Jason, Roland Herrick and the folks from H. H. Brown who so generously donated great office equipment and helped us transform a tight shared office space into a comfortable, work-friendly environment," said Executive Director Tanya Swain. "Their donated equipment and the assistance of their staff have made a huge difference for our organization."

"We have limited financial resources to provide natural resource education programs and assistance to landowners in our community, so this contribution is greatly appreciated," said Piscataquis County Soil & Water Conservation District Executive Director Joanna Zink-Tarazzi. The district received a locking file cabinet in which to store sensitive data.

Locking file cabinets also came to the rescue at the Penquis Higher Education Center.

"Secure storage for our expanding student records was becoming problematic," said PHEC Director Merlene Sanborn. "The generosity of H. H. Brown allowed us to solve that concern."

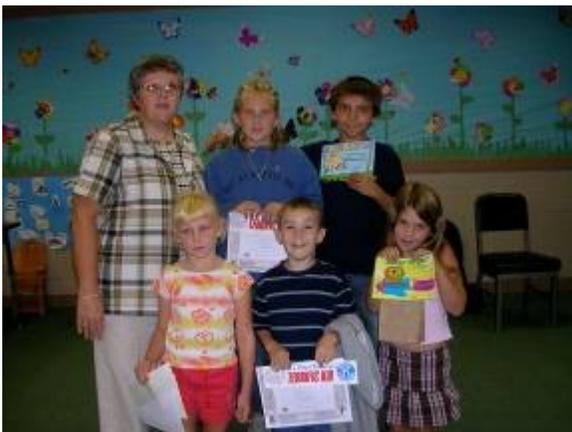
While the future warehouse space is much less furnished than it was, there are still some items available. Interested non-profits should contact Reed at 924-7341, ext. 222.

## AREA SCHOOL NEWS

### Cook School in LaGrange

Mrs. Worcester welcomed our students, parents and friends to our September 8th assembly. She thanked Mr. Ronn Parker for agreeing to accompany us on his guitar at our Assembly.

Our Terrific Kids this week were Andrew Valliancourt, Michelle Baker and Kortnie Stone. Mrs. Carter said that Andrew has adjusted very well to second grade. He is happy and enthusiastic every day. When it's work time, he is very serious. Andrew is always helpful and is a good friend. Miss K. is very proud of Michelle. She has been a Terrific Kid since Kindergarten. Michelle takes her roll as a 5th grade role model very seriously. She is always well behaved, has an



outstanding attitude, does her best on all of her work and has her Planner signed each night. Michelle also spends time during recess taking care of the class calendar and helping Miss K. get the room ready for the afternoon. Miss Brown said that Kortnie could be Terrific Kid every week. She is trying hard at doing new first grade activities. When

Kortnie gets her work finished, she finds quiet things to do. Kortnie is a super helper in the classroom.

Artists of the Week: Josh Leighton, Tyler Tibbetts  
Bus Students of the Week: Josh G., Kortnie S. and Bridgette S. We celebrated birthdays! Haley Morel (7) Michelle Baker (10) Caught Being Good Bags were awarded to Rebecca, Bridgette, April, Cameron and Shalene

#### Announcements:

10 copies of the Kiwanis paper will be available at school each Tuesday for a donation of 25 cents. Please see Ms. Grant for your copy. There will be a St. Jude's Bike-A-Thon will be held on September 30. Please call Jenn Baker for more information.

Our second and third grade class will do a presentation for Constitution Day at our next assembly on September 15. They will begin at 10:45. Congratulations to all our Terrific Kids.



### Cook School Students Show Support for Inventor

In April 2006, the 4th and 5th grade students in Miss K.'s class at the Marion C. Cook School seized the opportunity to practice their organizational, planning, writing, speaking and technology skills as they worked to create and produce the very first "KAZ e KOMMERCIAL" for the newly released product, the KAZ e KUP.

Miss K. introduced the product to her students and shared it's history. Her brother, Stephen Kazyaka worked for 6 years to bring his idea to production. The students learned about the product's features and uses. They studied the inventor's designs and followed his experiences with the Patent process. Supply and demand and the marketing of a product were studied. After much brainstorming, the students wrote a commercial that could effectively show what the new product is and how it works.

Once the writing was completed it was time to step in front of the camera. Miss K. said, "This was a great project that encouraged the students to work collaboratively to develop their written and oral language skills and their awareness of audience. They were very excited writers and actors. Best of all we had a great time doing it."

After several rehearsals and lots of laughter, the final taping was completed. Mrs. Johnston, educational technician, filmed and edited the project. Mrs. Russell provided technical support. Each student took home a copy of the DVD as a keepsake.

"I was absolutely blown away when I first saw the KAZ e KOMMERCIAL" Stephen Kazyaka said. "This was an amazing effort put forth by everyone involved and it really touched me, I am so appreciative and will cherish it forever."

The KAZ e KUP is a portable, dishwasher safe Cup holder that includes a self-contained reservoir to catch and store spills and condensation. More information can be found at [www.Kazekup.com](http://www.Kazekup.com) or by contacting Miss K. Copies of the DVD may be borrowed for viewing by calling Miss K. at the Marion C. Cook School (943-2196).



### Brownville Elementary News

Brownville Elementary held their Terrific Kid Assembly on Thursday, September 7th with the following students honored: Back row: Hayley Durant in Sixth Grade, her cousin Allison Durant in Fifth Grade, Rachel Whitten in Third Grade. Front row: new student Kayleigh Ireland in Fourth Grade, Chris Morton in First Grade, Justin Valvo in Second Grade and Faith Sickler in Kindergarten. Family and friends filled the gym for this assembly. Birthdays were celebrated, Bus awards were given and Caught Being Good prizes were drawn. The students saluted the flag and sang a rousing rendition of "You're A Grand Old Flag." Terrific Kid assemblies are always fun at Brownville Elementary School. We wish to thank the Three Rivers Kiwanis for their part in sponsoring these tremendous morale building events.

### Milo Free Public Library News

By Judith Macdougall

This week I have exciting news for all our computer user patrons. After many visits from Verizon personnel and several trips to Milo by an MSLN circuit rider, Susy Strout, we finally have all five of our computers online and equipped with DSL. Someone asked me what DSL meant. I'm sure I've been told, but I can't remember. I told her it meant "FAST", and that's what we've all been waiting for. The Verizon man had been in on the Wednesday and carefully following instructions which he had just received from MSLN, he installed what was missing for the DSL connection. On Friday we received a call from MSLN. Another circuit rider said he would be glad to walk us through the DSL connection. Pam listened to the instructions as she made the connections, (she understands computer language better than I do) and I supplied two extra hands. After a half hour of finding the correct wire colors, plugging them in, etc, etc., we were connected. The teen age girl who was using one of the slow computers told us when it was online (for three weeks three of our oldest computers had not been online-very aggravating to waiting patrons), and then she informed us when that computer was DSL connected! Hurray! What an exciting moment to know that we were now online and with DSL on all five computers!!! That night all five

were busy. How did word get around? We have had lots of very happy patrons since then.

There are still several posters that have not been picked up. We still have posters belonging to Jessie Cassell, Austin Fogg and Bailey Weston. We hope these summer reading program artists come in for their creative posters. We also have reading certificates, reading bracelets and zipper pulls for children who have not been back for them.

We had three new juvenile books arrive from the Juvenile Library Guild this past week. Each of these authors is very popular with young people. They are:-

Cooper, Susan	VICTORY
Ibbotson, Eva	THE BEASTS OF CLAWSTONE
Cushman, Karen	CASTLE YA THE LOUD SILENCE OF FRANCINE GREEN

I just finished another new juvenile book-THE OLD WILLIS PLACE by Mary Downing Hahn. This was a ghost story of which kind of book this author does very well. Georgie and Diana cannot leave the farm because of "the rules". Lissa comes to live in a trailer there with her caretaker father who checks on the Willis house. Diana wanting a friend does make friends with Lissa, but sets into motion events that none of them can control. This was a scary story but deliciously so because there is a happy plausible ending.

I've been going through the newest Forecast book catalogs preparing to send out a book order on Monday, September 11. Folks have mentioned authors who have new books and these are some of the ones that will be coming in September or October. These popular authors all have books coming soon-M.C. Beaton (Agatha Raisin), Richard Paul Evans, Robert Parker, Nicholas Sparks, Julia Spencer-Fleming and Danielle Steel. There were many others and I hope your favorites will be here too, but these are the only one I can remember off the top of my head.



Here are 10 more REASONS TO READ.  
 IT CAN MAKE YOU LAUGH  
 IT CAN MAKE YOU CRY  
 IT CAN SCARE THE PANTS OFF YOU  
 (The Old Willis Place)  
 IT CAN MAKE YOU THINK  
 YOU CAN LEARN HOW THINGS WORK  
 YOU'LL BE GREAT AT TRIVIA GAMES  
 YOU'LL MAKE YOUR TEACHERS PROUD  
 YOU CAN EXPERIENCE THE PAST  
 YOU CAN DREAM ABOUT THE FUTURE  
 YOU WON'T HAVE TO JUDGE A BOOK BY ITS COVER

**Library Winter Hours**  
**Mon.-Weds.-Fri.---2:00-8:00**  
**Saturday 2:00-4:00**  
**Telephone 943-2612**

### Traditions of a Milo-ite

By Kathryn Witham

Perfectly good Saturday....and I'm all moved out of camp. You can't imagine how we weigh those inevitabilities. Shall we take everything out of the refrigerator? Shall I strip the bed? Shall I pack everything out of the cupboards? My husband always opts for the obvious....leave the things another week or two and then we'll have them if we decide to come out. I always opt for the obvious....the weather is going to cool off and we won't want to come out and stay, and if we do I can sack it all back in a cooler or the picnic basket. This year we hemmed and hawed and finally brought every edible thing home. So where is my husband while I sit here pecking out this column....out at camp with nothing to eat!

We've come down with our usual back-to-school colds. Both my husband and I are hacking and coughing all day....and worst of all, night. I lay it to allergies, he is sure it's a cold because he caught it from

me. Now...I didn't think you could catch allergies from someone so perhaps I must admit that I do, indeed, have a cold. But I can't let that slow me down....work to do, company to cook for, fall activities to start preparing. We've decided our big trip of the fall is going to be to the Fryeburg Fair.

We'll all go to Tom's new house on the last full weekend of the fair. It's quite a trudge to No. Waterboro. I've never driven straight there from here....so don't know exactly how long it will take us, but we'll find out in a few weeks. The Milo "grands" will be accompanying us, so this won't even be a true test because there will undoubtedly be more stops along the way than we are accustomed to. I've only heard horror stories about getting to the Fryeburg Fair. Then, when they finish telling the horror part of it, it sounds like a wonderful experience. I guess it's a love to hate kind of thing. People love to tell you that it's a trauma getting into the fair....but as the conversation goes on, you find out that they had a wonderful time and are planning to go back again next year.

Another fall thing we're planning is a Halloween party for one of my granddaughters. We're planning all the old traditional things like a "haunted house," bobbing for apples, biting donuts that have been strung on a string (hands tied behind your back), ghoulish window decorations, warmed apple cider served up in a cauldron...it's going to be so much fun for her and her eight-year-old friends. I think I'm more excited about it than she is! I'm hoping it will be one of those experiences that a child has, and never ever forgets. I have more than my share of wonderful experiences of my life on Clinton Street....the kind you never forget.

I'm always anxious to do all of the other traditional fall things like going to Rowe's House of Apples, attending the University of Maine's craft fair, and taking the kids to the pumpkin patch over in Corinth. Some of my best memories with my "grands" have been over in that pumpkin patch. Fall is certainly a time for making and keeping traditions within a family and with good friends. Everyone is done "summering" (for the most part), and we're ready to begin the process of getting ready for the winter. We "button down" the house with plastic skirting, full oil tanks, cut-split-piled wood, mulch over our garden spots, and pickles in the pantry.

I've even started thinking about Christmas gifts! We're doing homemade items this year. It's going to take imagination and ingenuity. Between the two of us we should be able to pump out some fine gifts.

We entertained our friends at Hamlin's camp a couple of weeks ago with Chicken Parmesan, tossed salad, and garlic bread sticks (Lucarellis from MFU). Cheryl brought a pear bread pudding and ice cream for dessert. What a wonderful meal that we shared with these dear old friends. I got this recipe from Tyler Florence on the Food Network....I watched him make it from start to finish and was able to pretty much duplicate his fancy parmesan like this...for the sauce:

1/4 cup extra-virgin olive oil  
1 medium onion, chopped  
2 garlic cloves, minced  
2 bay leaves  
1/2 bunch fresh basil leave (I got these at Wyman's Farm Stand....I was sooooo excited.)  
2 (28 oz. cans) whole peeled tomatoes - drained somewhat and hand-crushed  
pinch sugar  
pinch red pepper flakes  
Kosher salt and freshly ground pepper

Using a pot big enough to hold these sauce ingredients (I used my 4 quart coated dutch oven) heat the olive oil and add the onions, garlic and bay leaves. Cook and stir for about 5 minutes or until fragrant and soft. Add some roughly chopped fresh basil. Carefully add the drained canned tomatoes...reach right in the pot and squish up those tomatoes with your fingers. Cook and stir until the liquid is cooked down and the sauce thickens...about 15 minutes or so. Season with

the sugar, red pepper flakes, salt and pepper. Lower the heat, cover and keep warm.

To prepare **four boneless, skinless chicken breasts** you will need three shallow bowls.

**1st bowl:** 1/2 cup of all-purpose flour, some kosher salt and 7 or 8 grinds of black pepper.

**2nd bowl:** 2 large eggs and a tablespoon of milk or water - beat until frothy

**3rd bowl:** 1 cup of dried bread crumbs, 1 cup freshly grated parmesan cheese, 2 tsp. garlic powder, about 1/2 cup of chopped fresh parsley...stir with a fork until thoroughly combined.



Get your oven proof skillet on and heating up with 3 TBS. of olive oil.

Lightly dredge both sides of each piece of chicken in the 1st bowl of seasoned flour. Next dip your pieces of chicken one at a time in the egg wash to completely coat, letting any excess drip off. Finally dredge in the bread crumb and cheese mixture. When the oil is nice and hot in the pan, add the chicken and fry for about **4 or 5 minutes on each side** until golden and crusty, turning once.

Finally in a preheated oven using a large casserole dish or baking pan lay the chicken pieces, ladle the sauce over this and then arrange slices of fresh mozzarella that's been fairly thinly sliced over each chicken piece. Sprinkle with more Parmesan cheese and another little handful of fresh chopped basil. Bake for about 15 minutes or until the cheese is bubbly. Serve over hot spaghetti.

Tyler used 1/2 cup of pitted kalamata olives in his sauce...but I skipped them. I love them, but I wasn't sure about my guests. The recipe was delicious without them. I think the key to the success of this dish was the fact that I was able to use both fresh chopped parsley and basil. You can't imagine how wonderful my kitchen smelled while I was preparing this meal.

## Open House at Demonstration Forest

The public is invited to the Piscataquis County Soil and Water Conservation District's Demonstration Forest Open House at 9:00AM on Saturday, September 16th. Our interpretive trails wind through 180 acres of old farmstead, unique areas of headwater wetlands, which help to feed the Pleasant River, riparian areas, and a naturally formed 70 foot deep, 200 foot wide "canyon". Throughout all of these areas there is a great diversity of flora and fauna.

Visitors will be provided with an opportunity to explore a small example of Maine's forest as we explore the theme of "Wildlife". The forest offers hiking, bird watching, hunting, snow shoeing and cross-country ski trails for year round enjoyment. The Maine Audubon Society has listed the Demonstration Forest in their "Maine Birding Trails" Directory. The Southern Piscataquis Regional Recreation Map and Guide that was issued in 2006 include the Demonstration Forest as a recreation and tourism site in this county. This map is a partnership of the Cultural and Heritage Ecotourism Committee of the Piscataquis County Economic Development Council and the Appalachian Mountain Club.

There is an outdoor classroom, an information kiosk, a geocache site, picnic tables and benches. Interpretive signposts guide and teach visitors throughout their forest journey. Brochures are available to the public to explain the significance of each posted location along the trails.

The forest supports both educational and recreational opportunities for the public, while it also serves as a training site for teachers, foresters and others interested in conservation education. Workshops and tours are conducted throughout the year on various topics, including forestry and silvaculture, Best

Management Practices, soil and water conservation, vernal pools, mushrooms and more. Foresters, teachers and the general public are encouraged to make use of the forest for educational and recreational purposes. The site is available to other natural resource education groups who wish to host programs and events there.

Work on the forest has been ongoing and has been accomplished with the assistance of many partners, conservation groups and volunteers. The annual Open House provides an opportunity to learn more about this natural resource right here in our community. The Demonstration Forest is located on the Old Williamsburg Road in Williamsburg Township. Directions and more information are available at our district office at 42 Pine Crest Drive, Dover – Foxcroft or by calling 564 – 2321, Extension 3.

Joanna Zink Tarrazi - Executive Director

Piscataquis County Soil and Water Conservation District. E-Mail: [Joanna.zink-tarrazi@me.nacdn.net](mailto:Joanna.zink-tarrazi@me.nacdn.net)

### **CURIOSITY NOTES**

Our new hours (Tuesday – Saturday 10 am-3 pm) certainly make a difference in our business lives. When we open we are busy right away. It's nice to meet people and chat.

We have so many well wishers coming in to support us. Lots of summer people hope to see us again next year.

October is coming up – in a while – but for people of all ages who like to write scary stories; now is the time to let you know we are sponsoring a story contest for different age categories.

Remember us if you are stocking up on your winter reading and fall wardrobe. We also have coats, snow suits, and snow pants.

We are also a local distributor of *The Eagle Newspaper* and *Maine Discover Magazine*. Both of these are free and very interesting to read.

Finally; we have just received two antique oak pieces, a child's desk with separate chair and an adult 'potty' chair. We have two pristine petticoats, a child's dress and sewing bag; all new additions to our present antique inventory.

So come see the old and new; we're happy to see you!

### ***Scary Thoughts***

Short story writing contest

Free and open to all ages

**Deadline: October 20<sup>th</sup>**

We are looking for Scary Stories involving ghosts or ghouls or monsters or a plot that is suspenseful or hair-raising!

#### **Age Categories**

First to second grade – Fourth to fifth grade – Sixth to eighth grade – Ninth to twelfth grade – Adults of all ages

#### **To Enter:**

**Do Not** write your name on the story. **Do** write your name and story title on the envelope.

Send to or drop off at Second Thoughts 5 Elm Street Milo, ME 04463.

**PTO SETS GOAL – The Milo Elementary Parent- Teacher Organization** met briefly on Thursday, September 7 to discuss events for the upcoming school year. Principal Cathy Knox opened the meeting with a request for support in the construction of a new playground behind the school. The success of this project would benefit both the school and community. This is a huge undertaking which would involve several different organizations. So, the PTO determined that proceeds from major events throughout this school year would go directly to the playground fund.

The first fun filled event for family and friends is the fall fair scheduled for the evening of Friday, October 27. Then a school full of games for youngsters and an auction for grown-ups will entertain and earn proceeds for the playground.

Also discussed was the establishment of a room parent program. These are parent volunteers who would be available on occasion to help with activities in specific classrooms.

Future events include a community dinner, November craft fair, raffles, and more.

The next PTO meeting will be held September 20<sup>th</sup> at 6:30 pm at the Milo Elementary.

Parent Teacher Organizations are non-profit and work for the benefit of children in their communities.

### **GRAMMIE'S WEATHER DIARY**

September – 1975

11-Cloudy-64° at 5 am.

12-Fog Sunny Clouding up at 4 pm.

13-Fog Sunny-84° at 1 pm.

14-Cloudy sunny windy & cold.

15-Frost sunny clouding up-30° at 6:40 pm.

16-Windy & cold Sun.

17-Windy & cool Sun-52° at 10 pm.

### **REMEMBER WHEN?**

Sheldon Poole

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## **Looking Back to Move Ahead**

My Reflections on September 11, 2001

### **An Editorial**

By Valerie Robertson

As I typed in "September 11, 2006" as the date of this week's issue, I was jolted by the fact that it has been 5 years since the horrible events. The saying "Time heals all wounds" certainly doesn't apply to any disaster, particularly one of the magnitude and senselessness of the World Trade Center attacks. I still cannot watch the re-enactments or movies made of that day, and suspect it will be many years before I can. I have, however, read or listened to everything I could. I don't know what the difference is; it's just what I can handle. I have come a little distance in organizing my thoughts about that day and here is what I feel.

I feel that the month following 9/11/2001 was the single most emotionally draining time of my life. It got to the point where I had to stop watching coverage and move on to other things. I was racked by guilt at the time that I felt that

way...here people were dead or families had lost members and I was burying my head in the sand, but, at the time, it was what I had to do.

At the time, I wanted revenge...I wanted to see people die and realize that they had messed with the wrong country. I am glad to say, that mentality was short lived but I have to deal with the guilt that I had those feelings.

I honestly, a few times, felt guilty as a Mainer, that the cowards that had carried out the attacks had been in Maine and we just let them pass through.

And I felt sad...so sad that it consumed me. I couldn't imagine ever getting to the point that that day didn't jump to the front of my thoughts every minute of every day. But time passed and although not a day has passed that I don't think of what happened. I am now feeling that it is time to reflect on what we learned and what we can do to make the world better, despite what happened.

I now feel we need to make sure our military men and women aren't being put in danger for projects that aren't critical to the welfare and safety of our country and her people. I think the events in London show that we should be focusing on the terrorists, not a particular country. I think we need to rethink our "War on Terror", and how it should be fought. I don't know how that should transpire, but I elect people who I trust to make those decisions...maybe its time for new decisions to be made.

I was appalled by Rush Limbaugh's statement that if you don't support the war or the President's views; you are NOT a patriot. I can't believe that any soldier in our country agrees with this and if that is what they believe I am sorry. I can't understand where the fight is headed, but I also can't understand why our letting close to 3000 more Americans die to avenge the 3000 original deaths at the Trade Center makes sense.

As I sit here on a perfect fall day, with the sun shining and the weather very close to that horrible day 5 years ago, I remember the end of our innocence. The end of believing we are safe and protected in our wonderful country. And I realize we have a group of military heroes whose job and passion is to try to restore our safety. I applaud the efforts of the agencies and organizations that work to keep our security. I hope there can be a day when we can once again enjoy a perfect fall day in Maine without remembering the day that changed us forever. I hope the next 5 years are spent working towards peace and education and moving toward making the safe world we once believed we lived in a reality.

#### IN MEMORIAM

**ERNEST WARREN SMITH** 'UNCLE ERNIE' HARRINGTON and JONES-PORT - Ernest Warren Smith, "Uncle

Ernie," 87, passed away Sept. 3, 2006, surrounded by his family. Ernest was born March 28, 1919, in Milo, the son of Leeman and Bertha Smith. Ernest is survived by his loving sister, Velma Kilton of Sorrento; sister-in-law, Dorothy Morency and husband, Paul, of Hudson, Fla.; niece, Patricia Alley and husband, Roland, of Sorrento; niece, Eleanor Kilton of Jonesport; nephew, Charles "Bud" Kilton and wife, Marita, of Sorrento; great-nieces, Irma Pelletier of Jonesport, Charlene Buteau of Sorrento, Rose Denny of Addison and Peggy Smith of Jonesport; great-nieces and great-nephews, Jimmy, Michelle, Bobby, Brandi, Marita,

Charlie, Kim and Tracy; great-great-nieces and great-great-nephews, Matthew, Loren, Ashley, Tyler, Nikolas, Sydney, Robie, Chance, Emerson, Pierce, Aiden, Amber, Kyle and Cody; extended

family, Cindy and Mark Strout and family, and the group at the Grace Home; many friends in Jonesport. In addition to his parents, Ernie was predeceased by brothers, Orrin and Leeman Jr.; sister, Inez Storti and husband, Ralph; brother-in-law, Charles Kilton Sr.; nephews, Donnie Kilton and Phil Buteau. Ernie loved life to the

fullest and will be sadly missed by everyone. Uncle Ernie, we loved you and will miss you. Burial will be announced at a later date. [www.bragdonkelley.com](http://www.bragdonkelley.com)

## *Italian Night Returns to Valerie Jeans Bistro*

*On Sunday's you can enjoy your Italian favorites at Valerie Jean's on Main Street Milo.*

*Each meal is \$9.95 and includes a Caesar Salad and Focaccia Bread. For an entrée you may choose from the following:*

- ☞ Chicken Parmesan*
- ☞ Fettuccine Alfredo*
- ☞ Grilled Sausage over Bowtie Pasta*
- ☞ Baked Spaghetti*

*Reservations are strongly recommended so call 943-7470 to ensure a spot!*