RACE TO END DOMESTIC ABUSE

Saturday, October 3rd, 2009
Registration 8:00 a.m.
Walk and 5K Run Begin at 9:00 a.m.
Piscataquis Community Middle School
Blaine Ave., Guilford

Call 564-8165 For More Information

Family Walk

No Entry Fee

Earn Most Team Pledges;
Receive Special Recognition
(Call for Team Packet)

Pledges Earn Prizes:
$25= T-Shirt (while they last)
$100= Special Prize

Special Awards for
Top Pledge Earners

5K River Run

Entry Fee: $15
(Pledges are Encouraged!)

Fast Wheel-Measured Courses

Prizes for 1st, 2nd, & 3rd Overall Male & Female Finishers

Medals for 1st & 2nd Place Male & Female in Each Age Division

Call For Registration; Pre-Registration Encouraged

5K Age Group Medals

10 and under
11-14
15-19
20-29
30-39
40-49
50-59
60+

T-Shirts to First 75 Entrants

All Participants May Enter in Random Prize Drawings

Community Breakfast

Piscataquis Community Middle School
8:00 a.m. to 11:00 a.m.
Pancakes, Eggs, Bacon, Bagels, Muffins, Fruit, Coffee, and More
$5.00 per person or $12.00 per family

Annual Speakout and Candlelight Vigils

GREENVILLE-Tuesday, October 6th at 5:00 pm at the Gazebo
DOVER-FOXCROFT-Thursday, October 15th at 6:00 pm
Hutchins Hall; in memory of Vicki Burtchell
BROWNVILLE-Wednesday, October 21st at 6:00 pm,
United Methodist Church
DEXTER –Monday, October 26th at 6:00 pm– Abbott Memorial Library;
in memory of Treven Cunningham, Mindy Gould, and Melanie Bragg

RACE TO END DOMESTIC ABUSE

5K-Family Walk

Saturday, October 3rd, 2009

Registration 8:00 a.m./9:00 a.m. Race and Walk Begin

13th Annual Womancare River Run and Family Walk

Piscataquis Community Middle School, Blaine Ave., Guilford

Participant's Name:_____ Please Circle One: 5K Walk

Town:_____ Youth Adult

Name	Amount Pledged	Paid

$25 in pledges: T-Shirt (while they last) $100 in pledges: Special Prize **Total:**_____

Proceeds go to Womancare, a community-based organization, working to end domestic violence in Piscataquis and southwestern Penobscot counties